

The logo for the United States Navy Biography. It features the official seal of the United States Navy on the left, which includes an anchor and a ship. To the right of the seal, the words "United States Navy" are written in a blue serif font. Below this, the word "Biography" is written in a larger, bold, blue serif font. A blue horizontal line with an arrow pointing to the right underlines the word "Biography".

United States Navy Biography

Lieutenant Commander Alisha S. Maitland-White

Executive Officer, Transient Personnel Unit Norfolk



LCDR Alisha S. Maitland-White is a native of Decatur, Georgia and graduated from Hampton University in 2012 with a Bachelor of Arts in Psychology, where she received her commission through the Reserve Officer Training Corps with the Hampton Roads NROTC program. She also earned a Master of Science in Human Resource Development from Villanova University in 2023 and a Master of Military Operational Art and Science as well as Joint Professional Military Education Phase I from Air Command and Staff College in Montgomery, Alabama.

Afloat, her initial sea assignment was to USS MOBILE BAY (CG-53) out of San Diego, CA as the Gunnery and Public Affairs Officer deploying to the North Arabian Sea. After qualifying as a Surface Warfare Officer, she became the Damage Control Assistant, filling the billet. She later became the Repair Division Officer while also serving as the Wardroom Mess Treasurer. Her second sea assignment was aboard USS MESA VERDE (LPD-19) out of Norfolk, VA serving as the Force Protection Officer.

Ashore, LCDR Maitland-White served as the N5 MPF Officer Department Head at Naval Beach Group TWO out of Little Creek Amphibious Base in Virginia Beach, Va from 2016 to 2018. In July 2018, she reported to Hampton Roads Naval Officers Training Corps Unit where she served as the Administrative Officer at Old Dominion University. She then served as the Assistant Officer in Charge, Assistant Professor of Naval Science, and Training Officer at Hampton University. In January 2021 she reported to Navy Recruiting Command in Millington, TN where she served as an N10 Outreach and Diversity Program Manager. She was selected and lateral transferred into the Human Resources Community in September 2021. In June 2022 she reported to Navy Personnel Command and served as an Education and Subspecialty Record Manager and the PERS-451 Branch Head. In June 2024, she assumed the position of Executive Officer at Transient Personnel Unit, Norfolk.

She lives with her husband Clinton White, son Mekhi, and daughter London.

Her personal awards include the Navy and Marine Corps Commendation Medal (x5) and the Navy and Marine Corps Achievement Medals. She is also a certified Professional in Human Resources.